



BRENTWOOD Chamber of Commerce

*Bringing you the
latest business news
from Brentwood*



Category Sponsors of the 2019 Brentwood Business Awards will receive numerous promotional benefits before, during and after the Awards ceremony

Sponsorship opportunities for the 2019 Brentwood Business Awards

With planning well under way for the 2019 Brentwood Business Awards, the Chamber is keen to receive expressions of interest in Category Sponsorship as soon as possible this month.

We have already decided to increase the number of Awards Categories from eight to 10 this year.

And the two new categories joining the established ones for 2019 will be Employee of the Year, and Best Start Up of the Year.

Category sponsorships will be allocated on a first come, first served basis. So if you enjoyed the Brentwood Business Awards 2018 and fancy getting more involved this time around, think seriously about your organisation taking up a sponsorship package.

Sponsors must be fully paid-up Chamber members, and for a category sponsorship fee of £899 will get:

- their logo on the Brentwood Business Awards website
- 2 complimentary tickets to the Awards dinner and ceremony
- the opportunity to choose the category you would like to judge if possible
- their representative on stage to hand out the category award to the winner at the Awards ceremony
- their organisation's logo on the category's presentation screen, entry forms, entry pack, posters, evening programme, certificates, table plan and flyers
- their sponsorship promoted on the Chamber's website, social media channels, marketing emails and in this monthly Chamber Newsletter

With the Awards set to be even bigger and better than they were in launch year, it represents a great opportunity for businesses and organisations in and around Brentwood.

Get in touch today and we'll happily discuss the sponsorship opportunities with you!

The Chamber's Awards sub-committee is busy confirming the outline details of the Awards night itself, as well as signing off the application process and timeline for the year. Once again, initial nominations will be submitted via the Chamber's website.

So watch out for lots of announcements about applications launch date, sponsorships, and Awards night via our social media channels in the coming weeks, as well as in next month's Newsletter.



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Busy time for Brentwood a Becket

Brentwood a Becket Rotary have added their first new member from the Chamber, as Saj Sreedharan of Humble Violets joined in November and is already getting involved in their community service work.

The Club are in their busiest time of year, having collected over £3,000 with their Christmas Float in Shenfield and Hutton, all of which will go to Essex Air Ambulance.

In January they ran the local heats of the Rotary Youth Speaks public speaking competition involving local senior schools at Brentwood School. And another Young Town Planner workshop, this time at St Thomas of Canterbury after two successful ones at Holly Trees last year.

March 2 sees their annual Bumper Quiz at the Anglo European School, which usually raises about £4,000. This year all proceeds will go to SNAP.

Then on Sunday March 17 comes their main fundraising event, the Brentwood Half Marathon and Fun Run, which has been organised by the Club for the last 38 years. It typically raises around £80,000 for local and international charities. There is still time to enter via brentwoodhalf.org.

Organising this event is a year-round project run by volunteers from the Club, so they are always on the lookout for new members with experience in major event management.

Find some time to Chat 1st and improve wellbeing

We caught up with Nicky Smith, Leisure Services Manager at The Brentwood Centre, to find out all about their new Chat 1st Wellbeing programme.

Where did the idea for Chat 1st come from? It sounds a bit of a cliché, but I was driving to work thinking about all of the different wellbeing programmes that we currently run, and thought how great would it be if we pulled all of the programmes together under one umbrella. And put a coordinator in place to advise and direct people to the most suitable programme.

It just made sense, we had the classes and programmes in place, we just needed a platform to shout about it and a team to give advice.

Why the Chat 1st name? I wanted to focus on loneliness and social isolation. I believe that Sport and Leisure has unbelievable powers in giving everyone a level playing field no matter what their age, gender, ability and disability and has an amazing force of pulling people together socially.

The name Chat 1st reflected this, in that all of our community activities offer the opportunity to talk to someone, whether it's the Chat 1st team, other members or centre staff.

Wide variety of new members join up

Chamber welcomed another seven new members last month, including Chelmsford-based **Kayla Conley Public Speaking**, who works with people on improving their communication skills.

City-based **Long Live King Ltd** build progressive web apps and are looking to forge business relationships in the Borough.

Myra McHale is a Rapid Transformational Therapist based in Ingatestone, helping people rewire their minds, change unwanted behaviours, and improve confidence.

Think Business Support Ltd from Herongate offer cleaning solutions, estate management and a wide range of property related services.

Wilderness Foundation is a charity based in Chelmsford offering a range of mental health and wellbeing services for young people and adults.

Frances Barrett Social Media Management in Warley has considerable experience in social media management for business owners.

While **Invest ESSEX** is a funded business support agency based in Chelmsford which helps Essex-based businesses to grow.

If you're interested in becoming a Chamber member, see our website at brentwoodchambers.co.uk/join for details of benefits and subscription fees.

Wellbeing Programme

Find Out More:
Reception: Ask for the Chat 1st team
Online: www.brentwood-centre.co.uk/wellbeing
Email: chat1st@brentwoodleisure.co.uk
Tel: 01277 246057
#BLTChat1st

Physical Wellbeing

- youth Fit & Fed
- Cardiac Rehab
- MS Group
- Fitness for Health
- FREE Ace Weight Matters
- FREE Wellbeing Walk
- Young at Heart
- Aquaccess
- Aqua Mobility
- Cancer Rehab
- Disability Swim
- Wheelchair Sports

Social Wellbeing

- youth Friday Night Take Over
- FREE Community Garden
- Tea Dance
- Active Bingo

Mental Wellbeing

- youth Autism
- Mental Wellbeing
- Dementia Programme

How do you get involved in the Chat 1st programme? The Chat 1st programme encompasses a number of different classes, courses and programmes, each with a different specialist focus and highly qualified staff.

Some courses require a referral from a hospital or GP, other programmes focus on specific conditions such as mental health or dementia which you can access through self-referral or secondary services.

And then we have drop-in classes that you can take part in to improve conditions such as MS or weight management.

The key to the Chat 1st programme is that we have an in-house Wellbeing Coordinator who will help you find the right programme for you and guide you

on a journey to physical, mental and social wellbeing.

How much does it cost to take part? Each class, course or programme has a different price, but nearly all are subsidised to make it affordable.

And there are a few freebies in there too, such as the Wellbeing Walk and the Community Garden project.

For any more information or advice, email chat1st@brentwoodleisure.co.uk, visit the website at brentwood-centre.co.uk/wellbeing and follow Chat 1st on social media.

Chat 1st have also launched a podcast, which you can download or listen to at: soundcloud.com/user-340888836-372720329

Book leadership and personal development workshops

New Chamber member Wilderness Foundation UK has a series of workshops coming up at their inspiring site at Chatham Green in Chelmsford.

The Leadership Academy at Wilderness Foundation provides a range of learning and development programmes and workshops to help individuals and teams improve their wellbeing, work-life balance, personal and team performance.

If you're interested in any of the areas below, then the workshops could be for you:

- Clarify purpose
- Build resilience
- Self-leadership
- Team leadership
- Organisational leadership

The first date for your diary is the Clarify Your Purpose Workshop on Thursday February 28. Using the power of nature and the freedom of the outdoors, this transformational workshop clarifies purpose, gains clarity, improves performance and wellbeing.

WILDERNESS FOUNDATION UK

Through skilful facilitation, group discussion and life-changing exercises, you will gain key principles and tools that you can apply in your everyday working and personal life.

Monday March 11 is the date for the Build Your Resilience Workshop, which focuses on exploring self-belief, building self-esteem and self-confidence.

It will look at those things that you find most challenging in work and life, and provide the appropriate coping strategies and tools to overcome these challenges as the pathway to happiness, fulfilment and improved performance.

The workshops can accommodate specific team and business needs. More details can be provided upon request.

To book a place or for more information please contact: Tim on tim@wildernessfoundation.org.uk or 07747 397 005; or Angely on angely@wildernessfoundation.org.uk or 0300 123 3073.

Promote your business at Brentwood School

Brentwood School is offering businesses the chance to promote themselves at their Careers Convention on Thursday March 21.

By attending the Brentwood School Careers Convention, as well as promoting your business, you can share your expertise and engage with over 1,000 pupils and parents from the school.

The event runs from 6pm-8.30pm - with set-up from 4.30pm and supper at 5.15pm - in the school's Courage Hall.

You can share your advice and skills to current students and promote your business or expertise. Last year, the school had around 100 advisers representing a wide variety of industries and universities, and the event was hugely popular.

By hosting a stand and giving industry advice, it gives Brentwood School's Fourth, Fifth and Sixth Form students, along with their parents, the opportunity to talk to you about your sector or further education options.

If you would like to book your space at the 2019 Convention, please email the Development Office at oldbrentwoods@brentwood.essex.sch.uk



Head for Stansted to Meet the Neighbours

Following the popularity of the previous events, Stansted Airport Chamber of Commerce will again be hosting another Meet the Neighbours networking event next month.

An innovative networking event, it combines quality businesses from a range of sectors from start-ups to long-standing corporates from around the Eastern region.

For any Chamber member looking to expand their horizons outside of the Brentwood area it could be just the right event, where you can promote your business to like-minded business people from neighbouring areas.

SACC works with Brentwood Chamber and other fellow Chambers and Business Groups to provide this opportunity to promote your business to a wider audience on March 5, and provide the opportunity of increasing contacts.

An informative afternoon (3.30-5.30pm) will include guest speakers. And following the presentations there will be some all-important networking opportunities over a light buffet and refreshments.

Ticket prices - £21.60 for Chamber members, £36 for non-members - include attendance, the buffet and refreshments, and parking. Book now at brentwoodchambers.co.uk/events

Update your info

As a useful piece of housekeeping for the new year, we'd like all members to review and update their info on their Member profile on the Chamber website.

Please visit brentwoodchambers.co.uk/members and review the information on you or your organisation, and confirm if your details are correct to info@BrentwoodChambers.co.uk

Or, instead, if you wish some detail to be tagged as 'private' and hidden - maybe to avoid spam emails, please let us know.

Host a Chamber event

The first Chamber executive committee meeting of 2019 was hosted by new member CREATE Business Hub, at their office space at Kings House, on Kings Road near Brentwood station. A successful evening, it also gave us the chance to have a good look at their workspaces.

The Chamber is always happy to take regular or ad hoc meetings 'on the road'. So if you'd like us to come and visit your location - either for a meeting, or potentially even to host a Chamber event - please drop us a line.

Chamber Events Calendar 2018/2019

February

Thursday 7 - Executive Committee meeting

Friday 8 - Business Breakfast

Sponsored by Mullis & Peake

March

Tuesday 5 - Meet The Neighbours

Hosted by Stansted Airport Chamber

Friday 8 - Business Breakfast

Sponsored by Aching Arms

Thursday 14 - Executive Committee meeting

April

Thursday 11 - Executive Committee meeting

Friday 12 - Business Breakfast

Sponsored by Nuffield Health Brentwood Hospital

May

Friday 10 - Business Breakfast

Sponsored by Mellow Moments

Thursday 16 - Executive Committee meeting & Chamber AGM (TBC)

June

Thursday 13 - Executive Committee meeting

Friday 14 - Business Breakfast

Sponsored by Tees incorporating Wortley Byers

July

Wednesday 3 - Chamber Summer BBQ (TBC)

Thursday 11 - Executive Committee meeting

Networking groups in the Brentwood area this month

We hope you attend and enjoy many of our regular Chamber events for your business networking. But the Chamber is also pleased to bring you details of other groups in the Brentwood area by occasionally running this networking list.

To add details of your networking group or any event updates please email us at Neil.Hornsby@BrentwoodChambers.co.uk

Biz'ee Women: next meeting Monday Feb 25, 9:45am-12pm; De Rougemont Manor, Great Warley Street; contact Liz Smith, 07780 682428; www.bizeewomen.co.uk/brentwood

Brentwood Business Network: fortnightly Thursday, 8am-9.30am, next on Feb 14; The Lot Bar & Restaurant, 71-75 Hutton Road, Shenfield; £15 includes choice of breakfast; www.brentwoodbusiness.network

Brentwood Professionals Networking Group (BPNG): last Friday of the month, 1pm-3pm; O'Neill's, Brentwood High Street; contact Paul Gulley, Handelsbanken, 01245 347906

The Circle: 3rd Thursday of the month, 4.30pm; The Teriss Bar, Brentwood; contact Dan Sayers, MJ Bushell, 01277 245300, info@circle-net.co.uk

Friday 12 - Business Breakfast

Sponsored by Howe Chartered Surveyors

August

Thursday 8 - Executive Committee meeting

Friday 9 - Business Breakfast

September

Thursday 12 - Executive Committee meeting

Friday 13 - Business Breakfast

Sponsored by Brentwood Borough Council

October

Thursday 10 - Executive Committee meeting

Friday 11 - Business Breakfast

Sponsored by Tees incorporating Wortley Byers

November

Thursday 7 - Executive Committee meeting

Friday 8 - Business Breakfast (TBC)

Friday 8 - Brentwood Business Awards 2019 (TBC)

December

Thursday 12 - Executive Committee meeting

Friday 13 - Business Breakfast

See brentwoodchambers.co.uk/events for latest updates and online ticketing.

Remember, you can add your own member events to our website at brentwoodchambers.co.uk/add-member-event

ebn Brentwood: every other Thursday, 8am-10am; George & Dragon, Mountnessing; contact Hayley Taylor, Taylor Made Promotions, 01621 856504; membership and meeting charges apply.

ebn Shenfield: every other Tuesday, 8am-10am; George & Dragon, Mountnessing; contact Mandy Baker, Insight Coaching, 07946 377970; membership and meeting charges apply.

The Phoenix Family: events held at Shenfield Cricket Club, 22a Chelmsford Road, Shenfield CM15 8RQ; contact Steve Roach, Phoenix FM, sr@phoenixfm.com; twitter.com/the phoenixfam

Round Robin Networking: The Robin, Ongar Road, 2nd Wednesday of the month, 10.30am-12pm. Contact Paul Alexander 07557 797319; roundrobinnetworking.co.uk

Word of Mouth, Brentwood: free networking on 4th Tuesday of the month, 11am; Slug & Lettuce, Brentwood High Street; contact Khatija Karim; facebook.com/Word-of-Mouth-Brentwood-215188658649627

The Chamber cannot be held responsible for the validity of the information - please confirm with the group contact before attending.

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